



# Monday

- ◇ Ham Pizza (G,M)
- ◇ Margherita Pizza (G,M)
- ◇ Filled Wholemeal Sandwich (G)  
Cheese (M), Ham or Tuna (F)  
& Cucumber Sticks
- 1/2 Jacket Potato
- Spaghetti Hoops
- Lemon Cupcake (G,M,E)

**MENU (Week 2)**  
Weeks commencing  
14th & 28th September,  
12th October

Meal choices should be made online by logging on to your Parentpay account.

# Tuesday

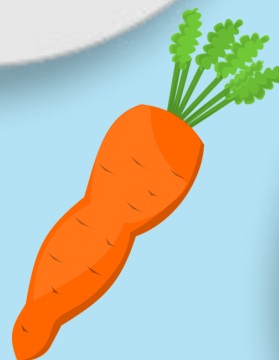
- ◇ Minced Beef & Onion Pie (G)
- ◇ Quorn Mince & Onion Pie (G,E)
- ◇ Jacket Potato with Tuna Mayo (F)  
or Cheese (M) & Beans
- New Potatoes
- Cabbage
- Iced Sponge (G,M,E)

# Wednesday

- ◇ Roast Chicken
- ◇ Quorn Fillet (G)
- ◇ Filled Wholemeal Sandwich (G)  
Cheese (M), Ham or Tuna (F)  
& Cucumber Sticks
- Roast Potatoes
- Broccoli
- Gravy
- Fruit Shortbread (G)

# Thursday

- ◇ Pork Meatballs & Spaghetti  
in a Tomato & Herb Sauce (G)
- ◇ Salmon Tagliatelle (F,G,M)
- ◇ Jacket Potato with Tuna Mayo (F)  
or Cheese (M) & Beans
- Carrots
- Fudge Tart (G,M)
- Chocolate Sauce (M)



Available daily:  
Self service salad bar, Homemade wholemeal or cheese bread, Fresh Milk & Chilled Fruit Water, Fresh Fruit & Yoghurts.

# Friday

- ◇ Breaded Fish Stars (F,G)
- ◇ Vegetable Spring Roll (E,G)
- ◇ Filled Wholemeal Sandwich (G)  
Cheese (M), Ham or Tuna (F)  
& Cucumber Sticks
- Chips
- Baked Beans
- Fruit Muffin (G,E,M)



What is a plumbers favourite vegetable?  
A leek!

Allergies: G=Gluten, E=Egg, M=Milk, F=Fish