

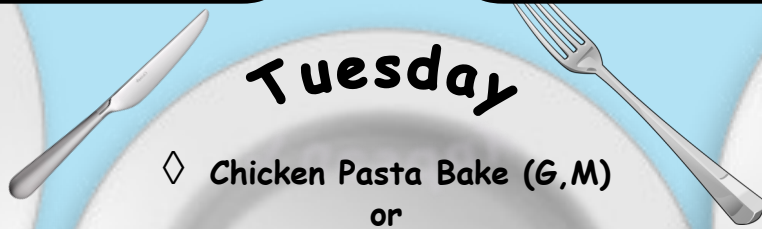


# Monday

- ◇ Quorn Nuggets (G)  
or
- ◇ Vegetarian Sausage (G)  
with  
New Potatoes  
&  
Spaghetti Hoops (G)
- ◇ Filled Rolls (G)  
Cheese (M), Tuna (F) or Egg (E)  
& Salad
- Shortbread (G)

**MENU (Week 2)**  
Weeks commencing  
24th April,  
8th & 22nd May 2023

# Tuesday



- ◇ Chicken Pasta Bake (G,M)  
or
- ◇ Quorn Pasta Bake (E,G,M)  
with  
Carrots
- ◇ Filled Wraps (G)  
Cheese (M) Ham or Tuna (F)  
& Vegetable Sticks
- Jam Tart (G)

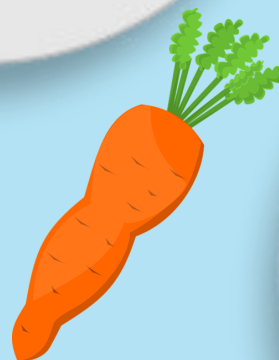
# Wednesday

- ◇ Roast Beef (G)  
or
- ◇ Quorn Fillet (G)  
with  
Roast Potatoes, Broccoli,  
Cauliflower & Gravy
- ◇ Filled Wholemeal Sandwich (G)  
Cheese (M), Ham or Tuna (F)  
& Vegetable Sticks
- Chocolate Orange Cake (G,E)

What is a plumbers favourite vegetable?  
A leek!

# Thursday

- ◇ Sweet & Sour Pork  
or
- ◇ Sweet & Sour Diced Quorn (G)  
with  
Rice
- ◇ Jacket Potato With  
Cheese (M) Tuna (F) or Beans  
& Salad
- Iced Strawberry Smoothies



# Friday

- ◇ Fishcake (F,G)  
or
- ◇ Cheese & Tomato Quiche  
(G,M,E)  
with  
Chips & Baked Beans
- ◇ Filled Wraps (G)  
Cheese (M), Ham or Tuna (F)  
& Vegetable Sticks
- Raspberry Muffins (E,G)



Available daily:  
Fresh Milk Fresh Fruit & Yoghurts.

Allergies: G=Gluten, E=Egg, M=Milk, F=Fish